
Companies Slow to Respond to Employee Stress

Posted by SherylNash01 - 2009/11/30 18:20

A Watson Wyatt survey released this morning reveals that although 78 percent of employers cite excessive work hours as a leading cause of employee stress, only 21 percent of employers indicate they are taking action to address it properly?

Similarly, lack of work/life balance was cited as a leading stressor by 68 percent of employers, yet only 38 percent are taking appropriate action. Another leading cause of stress, fear of job loss, is cited by 67 percent of employers, but is being actively addressed by only 41 percent of companies.

Meanwhile, 47 percent of employers are seeing an increase in their workers' use of the employee assistance program (EAP). Additionally, 30 percent of employers are seeing an increase in workers filing disability claims. Meanwhile, unplanned absence is rising among workers at 22 percent of U.S. companies.

Is management asleep at the wheel? What's the potential fallout?

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